

MD 24 C Lions Roaring Pride Newsletter

Saturday morning, we will have a delicious breakfast followed with information sessions that will inspire you with all topics about things that matter to Lions. Membership, service, LCI Lions Club.org just for your growth. Marketing your club will be a lot of fun as well.

After dinner, Saturday night, we will have music and dancing to our own DJ, Tom Street. Please list your song requests on your registration form. DJ Tom will be playing your requests.

Come out and make new friends, learn a lot about Lions, and what we have been up to in your District MD 24C this year, and have a lot of fun. All events are casual dress.

Registration information is included; register today and secure your room! Please invite all of your club to come and grow in leadership and knowledge of what it means to be a Lion locally, Multi District L, C, and I, as well as nationally and internationally. Our future depends on you and your club.

See you on October 7 and 8th at the Delta Marriott in Bristol. We planned this just for you.

TOGETHER WE CAN

Best to you all

DG Connie Saunders



MD 24 C Lions Roaring Pride Newsletter

2022-23 Lions International President



**Brian Sheehan,
104th LCI International President**

“Together We Can”

Together We Can. President Sheehan believes it. He sees it in his work, in his service and in his wonderful marriage to Lori—teamwork makes it all work. That’s why Together We Can is his message to Lions, and the world. We see it in our clubs every day. People uniting to build up our communities, to be the helping hand, to change lives. Together. We see it in the work we do with Lions Clubs International Foundation (LCIF). We take on big life-changing projects that make our communities healthier, more vital and more sustainable. And we do it together. Lions know we can’t do it alone. To accomplish big things, we all have to pull together, roll up our sleeves and put in the work to make the impossible possible. And we do it with a smile because this is how we live, this is how we serve, and this is who we are as Lions. Every day, we live out the simplicity, the necessity and the absolute beauty of Together We Can.

Together We Can Starts with You!

Sure, we can make a difference on our own. But together, we can change the world. Here are some great ways to put Together We Can to work in your club and your community.

Teamwork

Teamwork is the engine that drives us forward—it’s how great things happen. So it’s up to each of us to pitch in, to do our part, and to be a team player. Not only will we get great things done, but we’ll be part of something greater than ourselves too.

Attitude

We’re driven by a passion for helping others—and we have fun doing it. So keep in mind that a smile and a can-do attitude are contagious. When our service and fellowship reflect the joy within us, we can achieve the best possible outcomes and bring out the very best in ourselves.

Thinking outside of the box

This expression usually denotes innovation and big change—but it’s really about problem-solving. It’s a willingness to reassess and set aside old ways, to get creative and try new things. And when you embrace it, you just may find that the impossible is, in fact, possible.

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DISTRICT GOVERNOR - MD24-C (2022-2023)



LION Connie Saunders

THEME: KEEP THE VISION

Connie Saunders was born in Bluefield, WV where she attended school. She graduated from Bluefield College, Bluefield, VA in 1969 with a degree in Business Administration. Connie then attended Concord University to continue her studies in Business Management, next moving to Morgantown, WV and continuing her studies in Business Management. She is a lifelong student at Bluefield State College and continues to take classes as her interests change.

While living in Morgantown, WV, Connie worked with Bureau of Mines, WV in preparing Safety Training, administering examinations for Mining Inspectors and preparing budgets for the Bureau of Mines.

After graduation, she moved to Tazewell, Virginia where she worked at Tazewell Industries as an Office Manager and operations assistant. Connie grew into the legal field as a legal secretary for Hudgins, Coulling and Brewster.

Next, Connie moved to Bluefield and began her position at Bluefield Supply in Management where she was responsible for Accounts Payable for thirty different companies. She married Rick Saunders in 1976 and they have been married for 45 years with a son Rick, daughter Wendy, and daughter Gray. Rick and Connie have four grandchildren.

After much consideration, Connie grew into Image Consulting where she met many people and made new friends, which led her to go into the beauty business and open Beauty Escape. Learning how to run a business on a small scale gave her the opportunity to open Saunders Staffing in 1989 and next in 1994 opening Personnel Pool of Virginia, Inc. a second staffing company.

To give back to her community, West Virginia Community Services for Women, dba WISE opened as a non-profit. WISE provides support services and a professional wardrobe to women who are re-entering the workforce, victims of domestic violence, recovering drug addicts, natural disasters or any event that causes lack of stability including homeless.

In her spare time, Connie enjoys quilting, gardening, antiques and politics. Connie and Rick are members of the Bluefield, Virginia Lions Club where they are found delivering backpacks of food to local schools or visiting nursing homes to brighten their day with events and cards as well as bingo.

MD 24 C Lions Roaring Pride Newsletter

MD 24 C 2022-2023 District Goals

District Governor Connie Saunders announces her goals for MD 24 C for 2022-2023

By the end of the 2022-2023 Lions Year:

1. Our District will have at least 80% of clubs reporting service activities in MyLion.
2. Clubs will help the district complete 1200 service activities and serve 150,000 people.
3. Our district will add at least 125 new members.
4. Our district will not exceed 110 dropped members.
5. All clubs will strive to end the year with at least a + 2 in membership.
6. 2 new clubs and 1 new Leo Club will be formed. This is a repeat of last year because it is a good goal.
7. Our district will help to rejuvenate/rebuild all Lions and Leo Clubs as we move forward in managing the Covid 19 virus.
8. 100% of Region Chairs, zone chairs and incoming club offices will complete training for their offices (in person or online) and report such to the GLT Chairperson.
9. 75% of clubs will demonstrate financial support for Campaign 100 to end our District raises \$25,000 for LCIF.
10. Increase percentage of women in clubs to 38% and keep diversity in mind when recruiting new Lions.
11. 11% increase in clubs seeking the State Achievement Award and or Club Excellence Award
12. Keep the Proud to Be a Lion Program as a tool to strengthen new Lions.
13. The district will be organized to have service projects that follow our historical path of service in vision, hunger, environment childhood cancer and diabetes.

MD 24 C Lions Roaring Pride Newsletter



2022-2023 MD 24 C Lions of Virginia

District Governor Connie Saunders

Event and Club Visitation Schedule

September 2022

Sept. 7, 2022 at 7:00 p.m. Lions Power Hour Virtual Meeting to cover Overviews of Zone Chair and Club Officer Training. Contact PID Richard Chaffin at lionrpc@gmail.com or call him at 434-660-4726 to get registered and receive the ZOOM login.

Sept. 12, 2022 Richland Lions Club official Visit by District Governor Connie Saunders

Sept 22, 2022 Appalachia Lions Club official Visit by District Governor Connie Saunders

September 30 and Oct 1, MD 24 I Fall Conference in Farmville, Va.

October 2022

Oct. 5, 2022 at 7:00 p.m. Lions Power Hour Virtual Meeting to cover Club and District Administrators: Helping Clubs Report. Contact PID Richard Chaffin at lionrpc@gmail.com or call him at 434-660-4726 to get registered and receive the ZOOM login.

Oct. 7-8, 2022 Rally at the MD 24 C Fall Conference at Delta by Marriott Hotel in Bristol, VA registrations available at <https://www.md24clions.org>

Oct. 30, 2022 2:30 p.m. MD 24 C Lions Cabinet meeting to be held at the Dublin Lions Club Building off of Bagging Plant Road in Dublin Virginia.

November 2022

Nov. 2, 2022 Lions Power Hour Virtual Meeting to cover New Member Orientation. Contact PID Richard Chaffin at lionrpc@gmail.com or call him at 434-660-4726 to get registered and receive the ZOOM login.

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NEWS from 1st VDG Jean Cook, IPDG



Hello Lions of District 24C,

From: 1st VDG Jean Cook, District 24C Charity Foundation President

Hard to believe that our Fall Conference is less than a month away! As chairperson of the Friday night, October 7, live auction event, I am asking that each club contribute an item to be auctioned. The more items we have, more fun we have!!! If no one from your club is attending, please get in touch with a Lion that is attending, Lion Tammie at the State Office, or myself to arrange to get your item to the auction. Also, I am asking for contributions of theme baskets for the Silent auction; such as, Christmas, Thanksgiving, Movie Night, Date Night, Game Night, etc.

This is an opportunity to do some Christmas shopping early. Bring your wallet, check, or credit card. All of the proceeds support Lions of MD24C.

The Auction is always a lively and fun event that you do NOT want to miss. If you have any questions, please contact me at 276-223-8471 or jeanc@embarqmail.com.

LOVF Region 3 & 4:

LOVF Tickets are available for sale for the 2023 drawing on April 30 at our State Convention in Bristol, VA.

It was reported that MD24C sold the highest number of tickets in 2022 with 194 books.

Remember the wonderful immediate response of funds for the flood struck areas in Hurley, Whitewood, and Pound. Also, all of the matching grants for Club projects to increase their service impact. The selling of these tickets is a good fundraiser for you club; as well. The club keeps \$20 and LOVF gets \$10 for each book sold.

Region 3 & 4 Clubs, please contact me if you plan to sell LOVF tickets at 276-223-8471 or jeanc@embarqmail.com. I will have tickets for you when you RALLY AROUND THE FALL CONFERENCE!!!

Thank you again for all of your support and I hope to see you all soon.

Yours in Service,

Lion Jean

PDG/1VDG MD24C

MD 24 C Lions Roaring Pride Newsletter

District 24-I Lions & Old Dominion University brings you...



October 22, 9:00am to
October 23, 3:00pm,
2022

at Triple R Ranch
Chesapeake, Virginia

**Offering a variety of
fun activities including:**

- Goalball
- Beep Baseball
- Judo
- Rock Climbing
- ... and more!

Cost?

*Free, thanks to the Lions
of District 24-I & the
Lions Charity Foundation
of Southeastern Virginia!*

Hey There!

**Join us this October at Triple R Ranch in
Chesapeake, Virginia for Sport Explosion
Weekend. Campers will have the opportunity
to enjoy a fun filled weekend of sports and
recreational activities specifically designed for
persons with visual impairments.**

**The Lions Sports Explosion Weekend is an
overnight blind sports program specifically
designed for youth with visual impairments,
ages 9 to 19 years.**



***This is the first program
of its kind in the state of
Virginia, and we cannot
wait to have you join us!***



*Please contact Lion Pat Kerr for
more information:*

**Lionpatk@cox.net
757-229-0991**

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Cave Spring District Lions Club

News from The Cave Spring Lions Club



The new Officers and Directors of the Cave Spring Club are shown to the left.

Outgoing President Lion Dave Moledor, Lions Ricky Edwards, Lion Tamer, Debra Edwards, Secretary, Jim Newman, Treasurer, Kay Ford Patrick, President, Noel Cosby and Jim Cosby, Directors. Absent, Lion Babs Newman, Service Chair.

At the State Convention, First Place in the Scrapbook Contest was awarded to the Cave Spring Lions Club.



Three new members have joined the Cave Spring Club, Lions Phyllis Krizner and Christina Sword , shown in upper photo with their sponsor Lion Kay Patrick.



Lion Amy Carter inducted by Lion 2nd Vice District Governor Andre Peery, in the photo to the left.



Other Lions who reached notable achievements were Lion Doug Law, 96, received a 30 year pin from Lion Kay for his membership in the Cave Spring Club. Lion Doug has been a Lion for a total of 48 years. Lion Tom Hudson, also 96, has been a Lion for 64 years. Lion Al Willis is also 96. Lion Frank Kinder just turned 94, is living at the VA Care Center and has been a Lion since 1987.



Lion Tim Hash is awarded by Lion Kay for 35 years of Lion Service.



Lion President Kay Patrick has been named District Committee Chairman for the Childhood Cancer Project. She is shown here with items donated for the Carilion Pediatric Cancer Center Project.

The Cave Spring Lions Club will hold a Yard Sale in the Clubhouse on Sept. 16th from 8:00 am to 4:00 and Sept. 17th from 8:00 am to 2:00. Come join us for all the great bargains!

Submitted by Lion Noel Cosby

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MD 24 C Cabinet Meeting Announced



To: Cabinet Members and Club Officers of Lions District 24C,

From: Lion Joel Lytton, MD 24C Cabinet Secretary

Reference: The second Cabinet Meeting for 2022-23 will be held as follows:

Date: Oct 30, 2022 Time: 2:30pm

Location: **Dublin Lions Club Building**

100 Lions Way,

Dublin, VA 24084.

If any Officer, Committee Chairperson or other Lion is making a report at the meeting, please either email your report or bring a written copy to the meeting.

Thanks in advance for your assistance.

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Christiansburg Lions Club



In June of 2022 Christiansburg Lions installed their slate of officers for the 2022-23 Lions Year. District Governor Eric Mills installed officers for the club on June 28, 2022.

2022-2023 Officers installed on June 28th:

President: Lion Charles DeHart, Rev, 1st VP: Lion James Mattox, 2nd VP: Lion James Hard-
enstine, 3rd VP: Lion Judy Wade, Secretary: Lion Joe Wade, Treasurer: Lion Tim Rosche

Christiansburg Lions have been very busy with lining up opportunities for service and involvement in community programs for the upcoming year. President Lion Charles DeHart took the time in the July to orient new members into the goings on in the Christiansburg Lions Club. Committee Chairs took the opportunity to discuss what their committee did and how it operates. Major project for the club is their annual Christmas Craft Show. It takes the whole club as there are many cogs in this project. Christiansburg Lions had a very successful Christmas Craft Show in December 2021 and things are lining up for another record breaking year. Special attention was given to the flooding in southwest Virginia. The club voted unanimously to send \$1,000.00 to assist with the local relieve efforts.

In August, members of the club were introduced to our newly designed web site and FaceBook page. Lion Chesley Mercado has taken on the role of information technology chair for the club and is helping to make sure that current content is pushing out to the community. The clubs website is <https://e-clubhouse.org/sites/christiansburgva/index.php>



In September, Christiansburg Lions gathered on September 13, 2022 to hold their potluck picnic at the picnic shelter at the Christiansburg Moose Lodge. A beautiful evening of food, fun, and fellowship was experienced by everyone in attendance.



On Saturday, Sept. 17, 2022, Christiansburg Lions participated in the Kiwanis Wilderness Trail Festival. The annual event showcases various artisans, craftsmen, food vendors, and community organizations. Christiansburg Lions rented a space and sold brooms, LOVF Raffle Tickets, and handed out information on Pediatric Cancer as well as seizing the opportunity to handout some membership applications. Hopefully our efforts will yield us 6 or 7 new Lions. All-in all, a very successful day.

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Southwest Virginia Flooding Update from D. G. Connie

Hello Lions of District 24C,

Here's an update from DG Connie Saunders on how the Lions of District 24C can assist the flood victims in Buchanan County and Pound, VA.

At this time no further donations are needed in Buchanan County. FEMA will be providing assistance for the impacted residents. Local government authorities have requested no further donations be made as that may impact the financial assistance that FEMA will provide.

HOWEVER, there is an immediate need for assistance in the town of Pound, VA where catastrophic flooding occurred. District 24C applied for and received a grant of \$10,000 from the Lions of VA Foundation (LOVF) to assist with cleanup in Pound. The Norton Lions Club has received the grant and Lion Marcus Adkins, Treasurer of the Norton Lions will administer this grant. But, there is still a need for various cleaning supplies and bottled water. Here are some ways that Lions of District 24C can help:

On a Zone basis, clubs collect supplies and pool them for delivery to the Norton Lions Club. Region Chairpersons coordinate the collection of supplies from the Zones and the subsequent delivery. Lions can help by assembling "Flood Buckets" to include cleaning supplies, brooms, mops, towels, bleach, Lysol or other multi purpose cleaner, rubber gloves, toiletries. Or, clubs could collect bottled water and cleaning supplies without assembling flood buckets. If Clubs/Zones/Regions want to deliver supplies, they can be taken to:

Lion Marcus Adkins

Norton Lions Club

deliver to Lion Marcus' business at: HairVolution 746 Park Ave NW, Norton, VA 24273

Cell phone: 276-220-7174

Monetary donations can be sent to Norton Lions Club at the following address:

Lion Marcus Adkins

P.O. Box 38

Norton, VA 24273



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MD 24 C Lions Power Hour

MD 24 C Lions of Virginia

Date and Time

Aug. 10, 2022 at 7:00 p.m.

Sept. 7, 2022 at 7:00 p.m.

Oct. 5, 2022 at 7:00 p.m.

Nov. 2, 2022 at 7:00 p.m.

Dec. 7, 2022 at 7:00 p.m.

Jan. 4, 2023 at 7:00 p.m.

Feb. 8, 2023 at 7:00 p.m.

Mar. 8, 2023 at 7:00 p.m.

Apr. 5, 2023 at 7:00 p.m.

May 3, 2023 at 7:00 p.m.

June 7, 2023 at 7:00 p.m.

Email or call to register

PID Richard Chaffin at lionrpc@gmail.com or call him at 434-660-4726 or

PCC Marty Alford at marty.alford1960@gmail.com or call him at 540-392-1453

Discussion Focus

Navigating LCI and LCI Learn

Zone and Club Officer District Training

Club and District Administrators: Helping Clubs to Report Service and Membership Data.

New Member Orientation

New Member Recruitment Events

Leo Clubs: Planting Seeds for Growth

RLLI / Developing Leaders in Clubs

Conducting Meetings with a Purpose

LCIF: Your foundation for community impact.

Open

Open

MD 24 C Lions Roaring Pride Newsletter

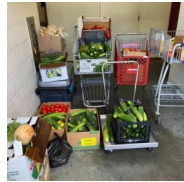
Forest Lions Club News

Here is some news from the Forest Lions Club.

Doug Cook – Forest Lions Club



On June 18 members of the Forest Lions Club visited the Eyeglass Recycling Center In Roanoke, Virginia to assist in the sorting of eyeglasses.



On June 26 members of the Forest Lions Club gleaned left over produce at the Lynchburg Farmers Market and transported 83 pounds of food to the Daily Bread in concert with the Society of Saint Andrew.

The Forest Lions Club continues to plan and prepare for the Forest Lions Foundation inaugural Golf Tournament on September 24 at the Ivy Hill Golf Club. Information about teams and prizes is shown in the flyer on the next page. Anyone interested in playing in the Golf Tournament should contact either John Reburn at 540-420-3391 or John Wilkins at 434-316-9110.



MD 24 C Lions Roaring Pride Newsletter



1148 Ivy Hill Drive, Forest, VA 24551
(434) 525-2680

★ SATURDAY ★
SEPTEMBER 24, 2022



CLOSEST TO PIN COMPETITION

PAR 3 HOLES #4, #15 and #18



HOLE IN ONE CONTEST

PAR 3 at #9
*Maybe someone
might just hole it out!*



PLAY PRIZES

*will be awarded to the top finishers
in each division.*

FOUR PERSON SCRAMBLE CAPTAIN'S CHOICE

- ★ Golf Cart
- ★ Green Fee
- ★ Range Balls
- ★ Lunch
- ★ Beverages
- ★ Thank You Gift Bag

TEAM PRICE: \$400
INDIVIDUAL: \$100
MULLIGANS: \$5



*Registration / Check-In
will begin at 11:30 a.m.*

*Raffle Tickets and
50/50 Tickets Available*

Box Lunch at the Club House

Drinks and Water Provided

*Beer and Wine can be purchased
at the Clubhouse
and the Beverage Cart
available on the golf course.*

RAFFLE AND 50/50 WINNERS
will also be determined!

MD 24 C Lions Roaring Pride Newsletter

Giles County Breakfast Lions Club

First we would like to offer our congratulations to Lion Charlie Herbert. At the District Cabinet meeting in Roanoke in May Lion Charlie was surprised to be awarded the Lions International Presidents award for Outstanding Leadership. We are all very proud of the work Lion Charlie provides to our community, the New River Valley and beyond representing Lions Clubs everywhere.

The year 2022 brought Giles Breakfast Lions back to Pre-COVID normal to some extent. We continue to hold our meetings via conference call in deference to Lions Mary and Al Katz. Mary has been undergoing chemo treatments which makes her very susceptible to infections of any type. Lion Al of course is being the best nurse she could have. This way neither of them has to miss a meeting. Good news for all of us.

A committee of 5 of our Lions continues to prepares cards for the residents of Heritage Hall Nursing Home in Rich Creek. They have taken cards to the Nursing Home for Valentine's Day and Easter so far this year. They also do "Thinking of You" cards several times over the course of the year. Plus we deliver cards when we make our annual visit with Santa in tow in early December. The residents look forward to the cards. Just having someone acknowledge them is a huge thing for some of the residents who have no family to visit them.

In March Giles Breakfast Lions spent Dr. Seuss's birthday with the kindergarten and first grade students at Eastern Elementary School in Pembroke. This has become a regular project for the club. Lions in their red and white striped hats read Dr. Seuss stories to the children each year. March also saw us begin. Stories are read in each classroom before each child plants a bean inside a food storage bag that contains a wet cotton ball. They can watch as the seed germinates and begins to grow before transplanting it into a pot. We haven't been able to bring the children back into the garden as yet. Hopefully next spring.



In April Lions Charlie and Betty Herbert were invited to meet and chat with US Senator Tim Kaine about what Giles Breakfast Lions are doing in Giles County through our outreach to the kids at Head Start and pre-k. Specifically about our programs with the children at Head Start and bringing children into the garden to get hands on experience with planting, growing, harvesting and eating healthy, fresh foods. The intention was to have the meeting at our Legacy Project, Giles Community Garden, however there was a torrential rain storm that day so the garden visit was put off for another date which is to be announced. Senator Kaine was impressed with our efforts with the children both in their classrooms and in our summer programs at the garden.

Giles Breakfast Lions spent a day at S.A. Robinson Apartments in Pembroke to assist them in preparing raised beds and planting tomatoes. S.A. Robinson Apartments is a facility for low income, older residents from Giles County. A picnic for the residents was held following the planting. Recent visits to the apartments show healthy, well taken care of tomato plants as well as other vegetable they have planted since our day with them.

Our regular Arbor Day visit to Eastern Elementary School 2nd graders was our 13th year with the students. Lion Charlie Herbert read a book about Arbor Day and led a question and answer period with the children before we went outside to plant trees. We also replanted the planter boxes outside the school entrance.

Continued on the next page>>>>>>>

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Giles Breakfast Lions Club (continued)



May began the new programs at the garden. Tuesdays brought Sunset Yoga which is very well attended. Every other Thursday sees a dozen or so people at the garden for sunset mindfulness and meditation. The other Thursdays each month this summer have been dedicated to a program, made possible through a grant from Carilion Clinic, for kids to come work in the garden, have lessons about healthy food and eating habits, to cook their dinner of healthy, fresh food and maybe take part in a water pistol fight before going home. Approximately 12 children between the ages of 3 and 12 attended the program which was co-sponsored by the VA Tech Extension Office in Giles County. Each child and the adult volunteers all went home with garden t-shirts and pins.

June brings pre-school and Head Start registration in Giles County. For the past several years our Certified SPOT Vision Screening team have screened each child as part of their registration.

August brought us to our annual club picnic and installation of this year's officers. The picnic is held at our Giles Community Garden behind Christ Episcopal Church in Pearisburg. This year we rescheduled the picnic when the weather forecast was for major rain and storms on the picnic date. No Rain that day. Of course it did rain on our rescheduled date but Lion Edna Malone graciously invited us to have our picnic indoors at her home.



August is also the month that Pembroke United Methodist Women hold their annual Back-to-School Bazaar for at risk children and families in Giles County. 300 children were referred either by the Dept. of Social Services or by the individual schools. Each child receives a back pack containing everything on the requirement list for that child's school and grade. They are given the opportunity to "shop" through clothing, shoes and coats provided through monetary donations to the Women's group. Hairdressers and barbers are on hand for those back to school haircuts. A dental group hands out dental supplies along with information about good dental hygiene. For the 12th year of this 13 year old program, Giles Breakfast Lion Certified SPOT Vision Screening Team was there to provide vision screening for each child, parent, or sibling wishing to have it done.

Food has been distributed since late May through a partnership with The Glean Team. Produce that is over what farmers need is donated to the Glean Team and is then distributed to local groups who are working to combat the need for fresh food for the tables of our neighbors. This year eggs were included along with corn, potatoes, squash, melons, beans and other vegetables as they ripened and were being harvested. Each week Lion Charlie picks up 300-400 pounds of produce which he delivers to Giles Senior Center, Giles County Dept. of Social Services and the Giles Christian Mission to be shared with their clients.



Of course our garden manager, Lion Charlie, along with his assistant, Lion Tom, have kept a very watchful eye on the garden which is thriving. It's difficult to say just how much food has been distributed this year. We have regular volunteers who take home fresh veggies. And we have our regular "Midnight Gardeners" who come in after Lion Charlie has gone home from the evening. Needless-to-say, the garden is being used just as it was planned. Helping those who need fresh, nutritious food harvest, prepare and eat it. This is a good thing.

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Giles Breakfast Lions Club (continued)



It has been a great summer in the Giles Community Garden. We have had hundreds of hours volunteered by Lions and from the community who have grown, given and moved hundreds of pounds of fresh veggies from this garden as well as donations from one of our THRIVE partners - The Glean Team.

We have expanded and created another Legacy Project within the garden with the improvement of our entrance. This construction project was created between Giles Breakfast Lions Club/Giles Community Garden and Judge Lee Harrell's Drug Recovery Court Team. This dedicated team of 8 hardworking "Voluntold's", worked on moving over 8 tons of rock over 4 different Saturday visits – working over 100+ man hours in community service. Giles Breakfast Lions feed them along the way and then provided a large BBQ luncheon as a "Thank You" gesture at the end of the construction.



Our "Kids In The Garden Summer Program", funded by The Virginia Foundation for Healthy Youth and The Carilion Foundation, was a huge success. Measured in part by the smiles on the kids' faces with full bellies of food they grew, picked, cooked and then ATE, all without electronics to tell them how! A couple of the kids' favorite projects included planting seeds, digging taters, painting gourds from last summer and having our closing routine of a Personal Watering Device (PWD) – {water pistol} skirmish. Nobody left dry or without a smile on their face, including the biggest kid in the garden - Lion Charlie.



Our fall Strategic Planning Session will be exciting with the combination of two boards – The Giles Breakfast Lions Club – soon to be formed 501-c-3, along with the current board for management of the Virginia Foundation for Healthy Youth Grant. Our current Board for the VHFY Grant includes: Virginia Tech Cooperative Extension, Giles County Administration, Carilion Giles Community Hospital and the Carilion Foundation, Giles County Vocational Education School, New River Valley Community Services and the support of many great folks in Giles County and throughout the New River Valley. Our next big, planned additions include more classes in wellness training like the yoga, mindfulness and Tia chi classes we had this summer. We'll also be expanding our kids programming. All were well received and attended this summer. Plus we'll be digging deeper into and expanding our partnerships with our grant base, and possibly creating a Garden Learning Center.



Please visit us at www.gilescommunitygarden.org or on FACEBOOK on our GBLC page or the Giles Community Garden FACEBOOK site.

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Moneta Lions Club says “Goodbye”

C.A.T.S.

Children’s Assistive Technology Service (CATS), a 501(c)3 public charity, EIN 46-4866068, provides for the re-use of pediatric rehabilitation equipment and assistive technology devices in Virginia. CATS serves as a no-cost resource for children with disabilities who need adaptive equipment and whose families have limited resources.

For additional information, contact John Naples, or Kathy Cummins at:

12801 Moneta Road, Moneta VA 24121

TEL: (540) 493-2285

EMAIL: info@atdevicesforkids.org



Photo: Kathy Cummins of the Children’s Assistive Technology Services accepts a final donation check from Delmer Bailey, Past Treasurer of the former Moneta Lions Club.

Regrettably, after 33 years of service, the Moneta Lions Club has closed its checkbook, due to numerous circumstances, among them were Covid, reduced membership and aging of current members.

Submitted by:

Lion Rob Senoski

Moneta Lions Club

robsenoski@gmail.com

MD 24 C Lions Roaring Pride Newsletter

MD 24 C Fall Conference Rally Registration

Mail registration to:
District 24-C Fall Conference Registration
221 Lakehurst Ave
Salem, VA 24153



Contact Person for this registration form:

Name: _____
Telephone Number: _____

FIGHT HUNGER

24-C Lions Fall Conference 2022

October 7 - 8, 2022

Delta by Marriott - Bristol, VA

Please complete a separate registration form for each person attending the Fall Conference. Each attendee will receive a nametag, conference packet and a Fall Conference Pin. Those attending the paid activities must indicate their choices below.

Hotel Reservations: Call the Delta by Marriott Bristol (276) 466- 4100 to make your reservations. Request the District 24-C Lions of Virginia rate (\$109.00 plus tax). The deadline for hotel reservations is **September 20, 2022**. Call the hotel directly and ask for LC1 or book online and use the following codes. The code for king rooms is LC1LC1A and the code for double-queen bedded rooms is LC1LC1B.

Deadline for Fall Conference registration is September 23, 2022

Name: _____ Lion ____ Lioness ____ Guest ____
Club: _____ Office: _____
Nametag: _____ (please indicate how you would like your name on nametag)

Registration Fee (includes pin)	\$25.00	<u>\$25.00</u>
Friday Dinner	\$20.00	_____
Saturday Fellowship Breakfast	\$17.00	_____
Saturday Buffet Lunch	\$18.00	_____
Saturday Banquet – Buffet	\$38.00	_____

Food Allergies _____

TOTAL AMOUNT ENCLOSED: \$ _____

Checks payable to: District 24-C Fall Conference Please mail registration to the address above.

MD 24 C Lions Roaring Pride Newsletter

MD 24 C Fall Conference Service Project



District 24-C Fall Conference

FIGHT HUNGER SERVICE PROJECT

**Please bring grocery bags with nonperishable food items to be
donated to Feed Southwest Virginia
Abingdon Distribution Center**

- Canned Soup
- Peanut Butter
- Canned Meats
- Canned Fruit
- Macaroni & Cheese/Pastas
- Canned Vegetables/Dry Beans
- Rice
- Dried Fruit
- Cereal

No glass, please! Glass items can chip and break easily in the boxes.

MD 24 C Lions Roaring Pride Newsletter

MD 24 C Friday-night Auction



24-C Fall Conference Auction

Friday, October 7, 2022

Club Name: _____

Item Donated for auction: _____

Suggested starting price for silent auction items: _____

Please bring items for auction to the hotel Friday, October 7, 2022. If you are unable to attend the conference, please bring your auction items to the Lions of Virginia state office, 501 Elm Ave., SW Roanoke, VA 24016 or send with someone attending.

If items will not be donated for the auction, please make a monetary donation on behalf of your Club to help offset the cost of the Fall Conference.

Amount of donation in lieu of item for auction: _____

Make checks payable to District 24-C Fall Conference

Mail to District 24-C Fall Conference
 221 Lakehurst Ave.
 Salem, VA 24153

If you have questions, please call Lion Tammie Brightwell 540-314-0312

THANK YOU

We look forward to seeing everyone at the first new District 24-C Fall Conference.

MD 24 C Lions Roaring Pride Newsletter

MD 24 C Exhibit Table Registration



EXHIBITORS

Please register for your exhibit table by September 23, 2022.

All exhibitors will be required to register for the Fall Conference. There will be no charge for exhibit tables.

Club Name _____

Non-Lion Exhibit Name _____

Name _____

Telephone Number _____

Items to be displayed or sold _____

MD 24 C Lions Roaring Pride Newsletter

MD 24 C Fall Conference Meals

District 24-C

2022 Fall Conference Meals

Friday - October 7

Dinner and Auction

Picnic Buffet - Sliders (burgers & BBQ), Chicken Tenders, Potato Salad, Macaroni Salad, Green Salad, Vegetarian option, cookies and brownies.

Cash bar

Saturday- October 8

Breakfast - Borderline Breakfast Buffet - Stone ground cheddar grits / breakfast breads / assorted cereals / fresh fruit / scrambled eggs / bacon / sausage / homestyle potatoes with peppers and onions / fried apples

Lunch - Buffet - Southern Style Soup, Salad & Some Buffet Tomato Basil Soup, Loaded Baked Potato Bar, Farmer's Salad, Chef Choice dessert

Banquet - Buffet - Mixed green salad w/dressing. Sliced Top Sirloin in demi-glaze, Chicken Marsala, Mashed Potatoes, Lemon-Herb Rice, Glazed Carrots, Fresh Green Bean Almandine, Chef Choice Dessert, Coffee, Tea and water.

Cash bar

MD 24 C Lions Roaring Pride Newsletter



Lions of Virginia
Multiple District 24-I
501 Elm Avenue, SW
Roanoke, VA 24016

August 18, 2022

The Honorable Glenn Youngkin, Governor
The Commonwealth of Virginia
P.O. Box 1475
Richmond, VA 23218

Dear Governor Youngkin,

For over 100 years, Lions throughout the Virginia commonwealth have fulfilled the Lions Clubs International mission of serving others. Whether serving by delivering food to shut-ins, assisting in communities devastated by natural disasters, or screening vision and hearing for tens of thousands of Virginia schoolchildren, Lions throughout Virginia stepped up daily to say, "We're Lions. We Serve."

The Lions of Virginia have, for the first time, elected an all-female Council of Governors to lead our over 5,000 members. We have challenged the clubs in our respective districts to put service to their communities at the forefront of their plans of work for the '22-'23 Lions year. Our almost-300 clubs are working diligently to provide service in the areas of vision conservation, pediatric cancer, hunger, diabetes awareness, and the environment. To date, some of the projects our clubs are spearheading include: recycling soft plastic films, screening vision at Virginia elementary and middle schools, working with LEO Clubs to introduce young people to the principles of Lionism, and processing donated eyeglasses to be deployed in the mission field.

Our Lions of Virginia Council of Governors has named the month of November as *Lions Bag Hunger Month*. Our Lions will be partnering with local food pantries to provide needed items for families and individuals in need. It is our hope that you will recognize the spirit of service Lions Clubs provide to their communities and proclaim *Lions Bag Hunger Month* this November with November 5 being set aside as *Lions of Virginia Day* to recognize Lions who demonstrate true community spirit to fulfill the mission of Lions Clubs International and support those who need help throughout our great state.

It is our pleasure to provide any additional information you may need. We look forward to hearing from you soon.

Sincerely,

Rosanne Burrus
District 24-L

Connie Saunders
District 24-C

Helen Person
District 24-I

MD 24 C Lions Roaring Pride Newsletter

Roanoke Valley Breakfast Lions Club



Roanoke Valley Breakfast Lions Club (RVBLC) July/August 2022 Newsletter RVBLC members have been giving back to the community these past two months:

We have a new President, Lion Manuel Dotson, and a new meeting place at Holiday Inn, Tanglewood. Our breakfast buffet is ready at 6:00 a.m. and our meeting is at 7:00 a.m. every 1st and 3rd Wednesday monthly. We have plenty of room to separate by the COVID 6' apart, if you are still practicing COVID precautions. Come and join us in person. We miss you! (see pic below)



We have taken on a new volunteer charity, Christian Soldiers Food Bank, on Church Ave., Roanoke, This volunteer activity is scheduled for the 3rd Friday of each month. Contact Lion Barbara Richmond if interested in volunteering one Friday soon.

Our members logged many service hours for Meals on Wheels, Rescue Mission, helping our “lunch buddies” teacher in preparing her classroom for the students during the first of August and Eyeglass Recycling among other volunteer activities.



We have a new member, Lion Cindy Parris, retired from Wells Fargo recently and after visiting the club meetings and volunteer activities, decided RVBLC was the club for her. Since joining a couple months ago, Cindy has been active in Eyeglass Recycling and Christian Soldiers Food Bank. Welcome Lion Cindy to RVBLC.. In an effort to continue to recruit new members, the board decided the club would pay the \$35 International fee for up to 10 new members from July 1,

2022 to June 30, 2023.



So proud of our members, Lion Suzanne Ross, who is an award winning artist and continues to be an active participant in art shows. She had asked Lion Andre Peery to pose for her figurative class at the Brambleton Center pre—COVID. OUR RVBLC MOTTO IS “WE SERVE BECAUSE WE CARE.” Lion Andre exemplifies service and came to pose wearing his various hats for his many volunteer organizations. She chose the hat pose (shown in pic below) and used its pin as a title, “LIFE Member” to his profile along with a cup of steaming coffee. His portrait has been in many shows with her to represent her portraiture art. In a recent art show in Bath Co, VMFA Judge Dr. Chris Crawford awarded this watercolor portrait “Best Figure in Any Medium”. Suzanne says she ‘couldn’t be more pleased”. Congratulations Lion Suzanne.

Continued on the next page >>>>>>>

MD 24 C Lions Roaring Pride Newsletter

Roanoke Valley Breakfast Lions Club

Don't forget to use the Kroger and Amazon rewards program to give dollars to the RVBLC treasury. We love free money!

Lion Andre Peery saw a need for a cart to help patrons with taking their groceries to their cars while volunteering at the Christian Soldiers Food Pantry, He donated a cart to this charity. Thanks Lion Andre.

We are looking forward to our picnic, September 18 @ American Legion Salem, 4-6 p.m.. Lion Jean will have more information at the September meeting on this event and the selection of your picnic box lunch.

Looking forward to the cooler weather for outdoor volunteer activities coming this fall. Come join us!

Check out the photos below of our Lions in action!



Remember- We Serve Because We Care!

Submitted by

Lion Brenda Cooper

RVBLC

MD 24 C Lions Roaring Pride Newsletter

Rural Retreat Lions Club News

The Rural Retreat Lions Club recently inducted new members into the LEO club. The LEO Club is now in partnership with Scout Troop #58 and is a community based club, open to young people of school age.



Shown in photo:

Mary Nichols, Danny Cline Scout Troop #58, Priscilla Hall, Lisa Wills, Levi Baker, Ben McKinney, Paige Wills, Gatlin Davidson, Serenity Stroupe, Brayden Woodson, Shawn Woodson, Emily McKinney, Luke Moulder, Asa Grills, Jim Wills, Jace Wills, Michael Cole, and Jean Cook.

The LEOs' first major project was cleaning the roadside on a stretch of Musser's Mill Road, where they picked up a truckload of trash. The Lions will soon be assisting to screen for vision and hearing in local schools.

MD 24 C Lions Roaring Pride Newsletter

Leader Dogs for the Deaf and Blind



Like the dogs we train, our goal is to be a leader.

Dedicated donor support makes these initiatives possible and allows us to provide our programs at no cost to our clients.

We Innovate

- We don't wait for someone else to try it. When we see a need, we address it.
- First dedicated guide dog training program for people who are Deaf-Blind.
- First guide dog organization to provide a free GPS device and training.
- First guide dog organization to provide an accelerated program to teach orientation & mobility.
- First summer camp for teens to incorporate teaching leadership skills, orientation & mobility skills and self-advocacy.

We Listen

- Our services aren't "one size fits all." We provide delivery models to meet our clients where they are.
- Customized services for clients who cannot leave work or family for an extended period of time.
- Urban guide dog training for clients who live, work or travel in big city environments.
- Warm weather training during the winter for clients who live in temperate climates.
- On-campus follow-up services for college students who recently received their first Leader Dog.

We Improve

- We believe that just because something works doesn't mean we can't do it better.
- Modernize housing and training facilities for our clients and our canines.
- Dual-train dogs for people who are Deaf-Blind to guide and to respond to specific environmental auditory cues.
- Incorporate the most effective, up-to-date ways to train our dogs, including positive reinforcement methods.
- Team up with assistive technology providers to improve technology for people who are blind.

We Collaborate

- Working with others lets us achieve things we couldn't do on our own and opens the door for more creative solutions.
- Team up with guide dog organizations in Spain, Mexico and Brazil to provide training and follow-up services.
- Partner with agencies and universities to fulfill needs in the blind rehabilitation community.
- Share knowledge and metrics through the International Guide Dog Federation and U.S. Council of Dog Guide Schools.

Work with correctional facilities to raise puppies in prisons.

DONATE TODAY

MD 24 C Lions Roaring Pride Newsletter

Newsletter Schedule 2022—2023

Lions Roaring Pride District 24-C

Issue 1

Aug 29, 2022

Issue 2

September 18, 2022

Issue 3

December 14, 2022

Issue 4

February 12, 2023

Issue 5

April 11, 2023

Issue 6

June 26, 2023

**Reminder: Please submit
news as text file and
photographs in jpg for-
mat. Do not embed them
in the article.**



Greetings Fellow Lions,

It is hard to believe that in just a few short days, Summer 2022 will end and Fall will introduce itself through the changing colors. Like many of you I am in awe of the canopy of colors that we will witness.

As such, take time to get out and enjoy the beauty of our areas. Do an environmental project like cleaning up a roadside, a park, planting a tree or coordinating a recycling event. Go out and soak up the sun while you can because “OLE MAN WINTER” will make his introduction soon. Report whatever you do to your club secretary to ensure that your club gets the credit. Regardless of what we do, we can make a positive impact in the communities in which we live, work or play. Take the opportunity to do an act of kindness for someone who needs it.

Yours in Service

Lion Marty Alford PCC

Lions Roaring Pride Editor

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Lions of Virginia
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HERE